

## CENTRAL HIGH TRACK RECORDS

EVENT	ATHLETE (s)	TIME / DISTANCE	Date
100m Dash	J. Johnson	10.4	4/5/1988
200m Dash	G. Couch	21.59	5/15/1984
400m Dash	R. Colglazier	47.6	5/28/1968
800m Run	S. Gwin	01:52.9	5/28/1977
1600m Run	G. Newell	04:11.8	4/29/1972
3200m Run	J. Eicken	08:55.4	5/25/1974
110m High Hurdles	J. Young	14.17	5/13/1994
300m Interm. Hurdles	T. Pugh	38.7	4/2/1994
400m Low Hurdles	D. Hammel	52.31	4/28/2005
Shuttle Hurdle Relay	D. Phillips - M. Reiter L. Dean - T. Dalton	1:06.22	4/9/2010
400m Relay	B. Bostic - C. Craig	42.07	5/24/1974
	T. Steverson - F. Parks		
	Q. Solis - T. Pugh	42.07	5/28/1993
	J. Randall - A. Taylor		
800m Relay	C. Carrell - T. Pugh A. Taylor - J. Randall	01:27.4	5/30/1992
1600m Relay	J. Fox - B. Cribbs B. Barber - R. Colglazier	03:16.9	5/20/1967
1600m Medley Relay	T. Wiseman - R. Hayslett J. Posey - R. Fuller	03:27.9	5/29/1976
3200m Relay	G. Newell - A. Wiese J. Garrow - J. Williams	07:47.7	4/24/1970
6400m Relay	K. Elzy - M. Lineberry E. Moreno - J. Eicken	18:03.3	4/19/1974
400m H-L Shuttle Relay	M. Cotton - R. Solis T. Fahrenkrug - J. Collins	57.1	4/22/1983
Shot Put	J. Vandervelde	58' 11 1/2"	5/19/2006
Pole vault	B. Warner	14' 0"	5/8/1980
	T. Murphy	14' 0"	5/8/1982
High Jump	Keyvan Rudd	6' 9"	5/14/2010
Long Jump	C. Walker	24' 9 1/2"	6/9/1984
	In Season C. Walker	24' 5" .00	
	In Season K. Gilmore	24' 5" .00	
Discus	J. Jensen	170' 9"	5/27/1972
Triple Jump	C. Walker	45' 10"	4/9/1983

TOTAL POINTS / SINGLE SEASON

Dennis Hammel 336

2005