

## CENTRAL INDOOR TRACK RECORDS

EVENT	ATHLETE (s)	TIME/ DISTANCE	DATE
50 yard dash	G. Baker	5.4	3/25/1966
55 m. Dash	G. Couch	6.28	3/19/1983
	B. Scott	6.28	3/19/1983
60 m. Dash	M. Mitchell	6.70	3/11/2005
70 yard Dash	C. Sivels	7.1	3/13/1982
50 yard High Hurdles	R Craig	6.6	3/8/1979
55 m. High Hurdles	T. Pugh	7.19	3/19/1994
70 yard High Hurdles	R. Craig	8.7	3/10/1979
50 yard Low Hurdles	R. Craig	6.3	3/19/1977
55 m. Low Hurdles	R. Craig	7.1	3/24/1979
60 m. High Hurdles	D. Phillips	8.16	3/11/2011
70 yard Low Hurdles	J. Jensen	8.4	3/11/1972
200 m. Dash	K. Gilmore	22.30	3/11/2011
300 yard Dash	R. Colglazier	31.8	4/4/1968
400 m. Dash	R. Colglazier	49.5	3/29/1968
600 yard Run	M. Pollitz	1:16.1	4/1/1964
800 m. Run	S. Gwin	1:59.2	3/20/1976
1600 m. Run	R. Fuller	4:17.4	3/20/1976
3200 m. Run	J. Eicken	9:28.8	3/15/1975
400 m. Relay	M. Mitchell - M. Howe M. Terry - E. Hester	44.44	3/25/2005
800 m. Relay	J. Overstreet - G. Pearl J. Fahrenkrug - R. Hayslett	1:31.71	3/25/1978
1600 m. Relay	S. Meredith - Jim Fox M. McGuire - R. Colglazier	3:27.6	3/29/1968
800 m. Medley Relay	C. Walker - T. Townzell G. Couch - T. Boyd	1:42.78	3/19/1983
1600 m. Medley Relay	J. Fahrenkrug - W. Harrington J. Posey - J. Seier	3:43.9	3/19/1977
Distance Medley Relay	D. Heidgerken - J. Ball G. Lohf - W. Strodbeck	11:28.53	3/19/1994
3200 m. Relay	J. Seier - E. Smith T. Anderson - S. Gwin	8:08.2	3/25/1978
Low Shuttle Hurdle Relay ( 3 Man )	M. Cotton - T. Fahrenkrug J. Collins	21.26	3/19/1983
Long Jump	K. Gilmore	23' 4 1/4	3/2/2011
Shot Put	J. Vandervelde	58' 1 1/2"	3/24/2006
High Jump	C. Hill	6' 6 1/4"	3/24/1988
Pole Vault	C. Simmons	13' 3"	3/21/1966