

The Quad City Trauma Informed Care Consortium Presents:

Equity Speaker's Bureau



What: Grief Education and Navigation
When: December 10th, 2021 from 12p-1p
Where: Virtual, via Webex
Cost: Free!

Registration Link: <https://forms.gle/vV4e3XyLmVUoTTcdA>

We are excited to announce that Tonya Goodburn, LMSW will be presenting for the Equity Speaker's Bureau event! Tonya is the current Bereavement Coordinator within Iowa City Hospice. She graduated with her bachelor's degree in 2010 from University of Northern Iowa and Master of Social Work in 2018 from University of Iowa. Tonya focuses on coordinating support groups and conducts individual grief counseling within the bereaved community. Tonya also assists to coordinate volunteers within the organization and helps families to plan memorial services.

The topic of grief will be highlighted as this time of year can be tough for some people due to loss, previous trauma or strained relationships. Grief can also be experienced as the result of a traumatic event. Everyone's experience with grief is unique and it can be expressed in various ways through many situations. Grief is very complicated and doesn't only include the loss of loved ones; it can include loss of opportunity/dreams, loss of a home or a life-threatening diagnosis.

