

"My total perspective has changed," said Sam, 14. "I look at the world a lot differently now. Before, I looked at things negatively. [My LSI caseworker] taught me to see things positively. She's taught me coping skills and ways to deal with my anger. My family gets along better now."

What Sets LSI Apart

As a nonprofit, LSI's mission driven focus sets us apart from other organizations. During our nearly 150 years of service in Iowa, we've built a reputation for positive results that put kids and families first.

Family Focus

This is a voluntary service where your family has a choice in services. Your family sets goals and makes the final decision on using services to assist your child.

Adult Services

In some areas LSI also offers services for adults, which can include one-on-one skill-based services and therapy if needed.

Flexibility

Services are flexible. We can meet at your home, at school, at an LSI office or another location determined by your family.

Also known as Behavioral Health Intervention Services (BHIS), our program is funded by Title 19 insurance.

About LSI

LSI is one of Iowa's largest human services agencies and impacts tens of thousands of Iowans annually through child abuse prevention, services for families and youth in crisis, services for people with disabilities, refugee services and home health care. LSI is nationally accredited and serves people of all ages, genders, nationalities, religions, ethnicities and sexual orientations.

Contact Us

We provide services in most counties across the state. Take the first step.

Call us at

888.457.4692

Our staff will guide you through the qualification process and tell you about services in your area.



www.LSIowa.org
www.facebook.com/LSI.iowa

Behavioral Improvement

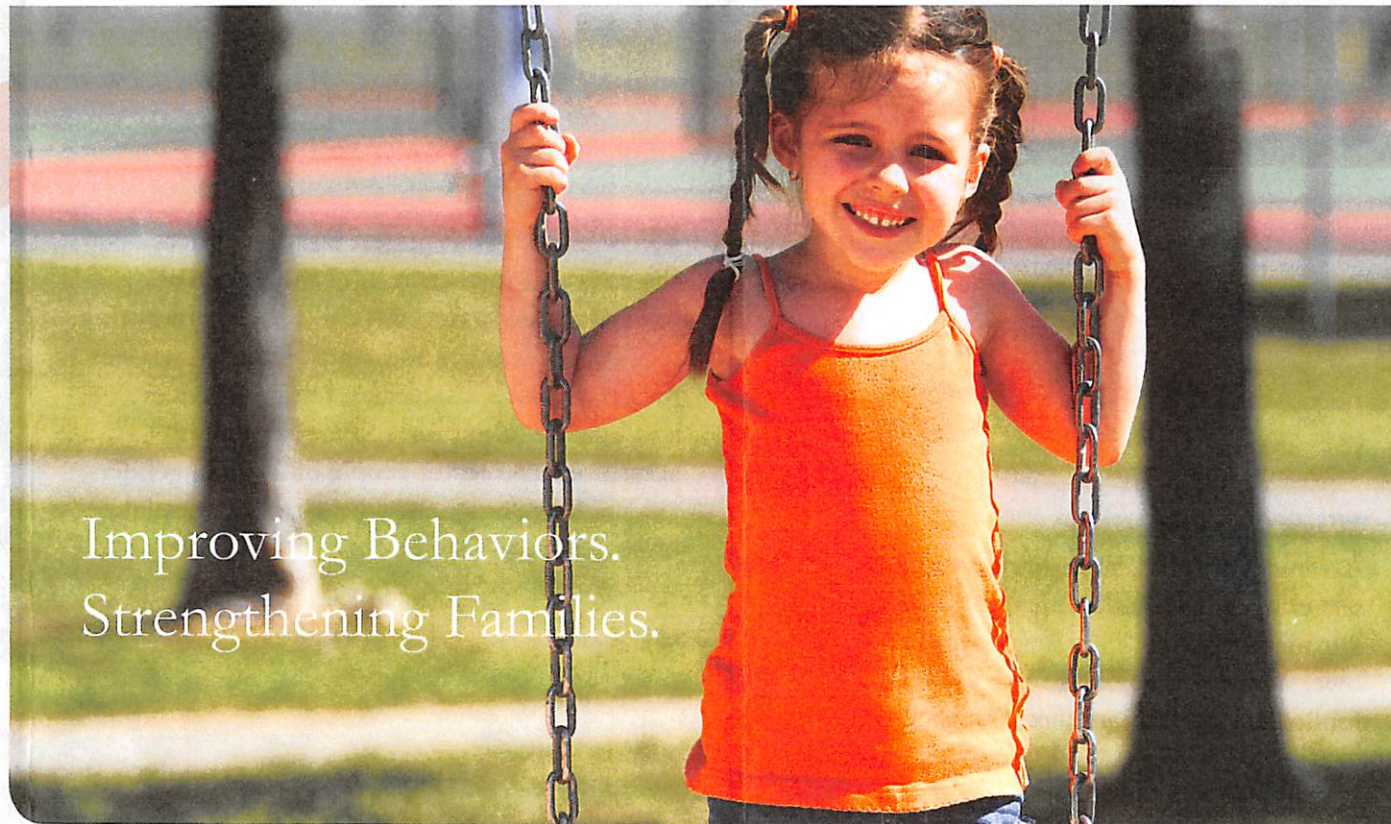


Behavioral Health Intervention Services

Improving behaviors in youth and teens.



people focused • results driven



Improving Behaviors.
Strengthening Families.

Behavioral Health Intervention Services (BHIS)

Parenting a child with behavioral or mental health issues can be a struggle. LSI can help!

If your child has behavioral or mental health issues and receives Medicaid Title 19, then your child is eligible for skill-building services, at no cost to you.

Getting Started

Our services can help if your child is angry, defiant, in trouble at school or has other typical behaviors connected to a diagnosis such as ADHD, oppositional defiant disorder, conduct disorder or other diagnoses.

First, an LSI advanced clinician will complete a mental health assessment of your child to see if he or she requires services, or our LSI staff will assist you in receiving an assessment elsewhere. These same clinicians can also provide separate therapy services if needed.

Call **888.457.4692** to get started.

Building Skills for Success

Once your child is approved for services, an LSI caseworker can begin teaching your child how to build skills in areas such as:

- Anger management
- Coping
- Making good decisions
- Communicating
- Problem-solving
- Conflict resolution
- Relationships

These skills will help your child or teen learn how to avoid a future crisis, build better relationships and find positive success at home, in school and in the community.