



FOR PARENTS, FOSTER PARENTS, CAREGIVERS & PROVIDERS (WHO ARE ALSO PARENTS)

NAMI Basics is a no-cost six-session course for parents and primary caregivers of children and adolescents who have shown symptoms of a mental health condition.

This course is taught by trained parents/caregivers who have similar lived experiences with their own children, allowing families to connect, learn, and empower themselves to overcome new challenges.

Illinois and Iowa CEU credits available for foster parents.

Course Elements Include:

- The biology of the brain
- The latest research, advances in treatment and an overview of treatment options
- The impact of a child's mental health condition on the rest of the family
- An overview of the systems of care for children and teens living with a mental health condition.



WHEN:
Sundays from 2 to 4:30 p.m.
March 24 — May 5, 2019
(no class on Easter Sunday)

WHERE:
CASI - Center for Active Seniors
1035 W. Kimberly Rd
Davenport, IA. 52806

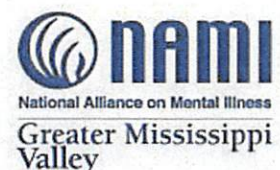
REGISTER TODAY:

Online: <https://bit.ly/2Ld15SI>

By phone 563-386-7477 Ext. 266 (M-F, 10-2)

TO LEARN MORE: WWW.NAMIGMV.ORG

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