



## Serving Kids, Young Adults, and Families Of All Abilities

3860 Middle Road Bettendorf, IA 52722  
(563) 332-8010 • [www.handinhandqc.org](http://www.handinhandqc.org)

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### Respite Programs

Hand-in-Hand offers activities and programs designed to be adaptive so participants of any ability can have fun! The age range for these programs is 5-21 years old. We strive to meet our mission every day by providing after school care, activities during school breaks and holidays, a summer program, a summer day camp, and weekend and evening events. We also have young adult events that are specifically designed for participants who are 15 years old and older.



### Year Round Programs

- After school care
- Food, Friends and Fun
- Movies & Popcorn
- Weekend Sleepover
- School vacation days
- People with Purpose
- Sunday Funday
- Young Adult Events
- Go Kids!
- Inspiration Studio
- Get Fit!
- Hand-in-Hand Prom



### Seasonal Programs

**Winter Bowling:** Hand-in-Hand hosts winter bowling for participants of all abilities. For more information, contact Mark at [mark@handinhandqc.org](mailto:mark@handinhandqc.org).

**Summer Enrichment:** Hand-in-Hand offers an integrated summer program for, but not limited to, individuals with disabilities ages 5-21. The program consists of community-based field trips and staff led activities at Hand-in-Hand.

**Camp Hand-in-Hand:** Camp Hand-in-Hand is a day camp where participants can do archery, horseback riding, crafts, swimming, and much more!



### Have More Questions?

We're happy to give you more information or to give you a tour of our facility! Give us a call today to see if Hand-in-Hand is the right fit for your child and family: **(563) 332-8010**

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