

Hurrah! for Harrison



Issue 8 - October 13, 2009

INTERNET DATABASES : Mrs. Holbrook reports the internet search engine, Google, has become such a common place to look for information that most people know what it means to "google" something. But Google is not always the best place to look. Random websites do not always provide accurate and reliable information. Harrison School students can use subscription databases, such as World Book, that provide timely, accurate information. We encourage our students to start their searches in one of these databases. The databases are listed on the Students page of the Harrison website

(www.davenportschools.org/harrison). They all require the same login. (You will need to contact Mrs. Holbrook for this.) Copy the login and password and post it by your computer so that your family can take advantage of these wonderful resources. If you have a Davenport Public Library card you can also use databases provided by that library.

TIPS FOR EATING HEALTHY:

- ✓ **Eat a wide variety of foods.** Healthy eating is an opportunity to expand your range of choices by trying foods—especially vegetables, whole grains, or fruits—that you don't normally eat.
- ✓ **Keep portions moderate,** especially high-calorie foods. In recent years serving sizes have ballooned, particularly in restaurants. Choose a starter instead of an entrée, split a dish with a friend, and don't order "super-sized" anything.
- ✓ **Eat enough calories but not too many.** Maintain a balance between your calorie intake and calorie expenditure—that is, don't eat more food than your body uses. The average recommended daily allowance is 2,000 calories, but this depends on your age, sex, height, weight, and physical activity.

FLU SHOTS: A free flu shot clinic by Genesis Health System will be available for all elementary school students at all elementary buildings one day between November 2nd and 13th (date for Harrison to be announced later). If you would like your child to receive a flu shot please pick up or have your child pick up a consent form in the office then return the completed form to the nurse's office. This clinic will be for seasonal flu; another clinic will be held for students interested in the H1N1 vaccine--more information to follow. Children 8 years old or younger who've never received a flu shot should get a second/booster vaccine. Call me with questions at 391-3113 or email iossis@davenportschools.org. **Parents,** please write a note in your child's planner if you would like information and a consent form sent home with your child for the upcoming seasonal flu shot.

****WISH LIST**:** NEW boys' underwear (small and medium), gently used t-shirts and sweat pants in small sizes.

--Mrs. Iossi, R.N., School Nurse

PETS AT SCHOOL: Please refrain from bringing pets to school as students are dropped off or picked up. Some students are allergic to animals or are fearful and a well-behaved animal will sometimes react in an unexpected manner (perhaps even biting) when confronted with a large crowd of children. We appreciate your cooperation with this issue.

OLWEUS BULLYING PREVENTION PROGRAM:

The Olweus program defines bullying as "when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself."

School Rules

- We will not bully others.
- We will try to help students who are bullied.
- We will try to include students who are left out.
- If we know that somebody is being bullied, we will tell an adult at school and an adult at home.

It Takes a Team Effort to Effectively Address Bullying.

- Talk with your child what they learn about bullying at school.
- Model and reinforce anti-bullying ideas at home.
- Contact your child's teacher if your child informs you of bullying behaviors.

HARRISON GIRL SCOUTS: On October 29, from 6-7:30 pm, there will be a Girl Scout Halloween party in the cafeteria at Harrison School. Please wear a costume. The cost will be \$1.50 per person and includes pizza, drinks and a treat. There will be Halloween manicures and tattoos, a costume fashion show and Halloween music. We will need to have a count by Monday, October 26. Please email Karen Seago seagodav@msn.com with your RSVP. You can also call Karen at 391-1362 or Amy Saskowski at 388-0998 to RSVP. Hope to see all of our Girl Scout friends!



TELL YOUR FRIENDS AND GET YOUR SKATES!!

It's Harrison's "Pack the Rink" night at Eldridge Skatepark! Drawings for treats and prizes throughout the night! Tuesday, October 20, from 6-8 p.m. Admission: \$3.50 / Skate rental: \$1.50

DADS' CLUB BASKETBALL Registration for Pre k thru 5th grade runs now through Oct 22nd. Registration forms will be sent home. Please return them to the Harrison office. The season is January 9, 2010 through February 27th; games are played at various local schools and Friendly house. Late registrations will only be accepted November 9-13th and only at the Dads' club office. Questions? Call Sara @ 445-1173 or www.dadsclubsports.com

2ND GRADE CUB SCOUTS: It is not too late to register for H.A.L.T. (Halloween at Loud Thunder). 2nd graders please call your den leader, Mike Lizak, at 650-6116 or email him at mlizak@mchsi.com for more information and how to sign up for this fantastic days' worth of activities. Next meeting regular meeting **TONIGHT**, 10/13, at 6 p.m. at Harrison.

STAY UP TO DATE! Do you want to know about the most current Harrison PTA events, meet other Harrison families or find out how you can be involved? Then join us on our PTA Facebook page. Go to www.facebook.com and if you are not yet a member, join for free. If you are a member, just search for **Harrison PTA**.

SPIRIT WEAR: Show your school pride and wear Harrison Hawk spirit wear! Several new items are in: Hawk socks, Hawk tattoos, hooded sweatshirts, etc. Items will be sold at school events or orders can be placed throughout the year. Pick up order forms in the Harrison office or email/call Kristin or Julie to have them send you one. Simply attach a check (payable to Harrison PTA) to an order form and drop it off at the Harrison office. If the item is in stock, it will be delivered to the school; if not, it will be ordered. Contact: Kristin Lizak (528-4664, lizakkrstin@yahoo.com) or Julie Blozevich (386-3381, j.blozevich@mchsi.com)

NO SMOKING: The use of tobacco products by anyone, including students, employees and visitors, is prohibited on all Davenport Community School District property at all times, including school-sponsored and non-school sponsored events. Persons failing to abide by this policy shall be required to properly dispose of the tobacco product or leave the school district property immediately. Thank you for your cooperation!

THE COOKBOOKS ARE HERE!! Be sure to get your copy of the all new Harrison "Hungry Hawks" cookbook on sale now! This book contains over 400 recipes from your Harrison students, families, staff members and friends and costs just \$14.00! An order form was included in your child's fundraiser packet, but if you should need additional order forms, they are available in the office.

LOCAL ORCHARDS & PATCHES FOR FALL FAMILY FUN!!!

Stones Apple Barn at 16115 Hubbard Rd in Port Byron.

Shady Knoll off of Hampton's Hubbard Road.

Pride of the Wapsi at 14600 305 St in Long Grove, Iowa.

Happy Hollow U-Pick near Port Byron at 17325 20TH Ave N in East Moline.

Country Corners in Alpha, IL at 5333 US HWY 150.

Tanner's Orchard at RR2 in Speer, IL, near Wyoming Illinois.

Anderson's Apple Valley Farm at 10505 114th Street in Coal Valley.

Visit <http://www.frightnights.com/qcarea.htm> for more info.

PARKING/DROP-OFF & PICK-UP: Remember the front parking lot is reserved for school bus drop off from 8:30-9:00 a.m. and pick up from 3:00-3:40 p.m. and **NO PARENT VEHICLES ARE ALLOWED IN** at these times. **ALSO REMEMBER** when using the Kussatz Ln. back turnaround, children must enter and exit their ride from the sidewalk in the right lane only; the left lane is for **SLOWLY** passing the other cars in the turnaround to exit and students are prohibited from exiting vehicles from the left lane. Please pull forward all the way to the end of the curve (not just at the sidewalk that leads to the playground). Should you feel the need to watch your child enter the building, please pull into a designated parking space and either step out of your vehicle to watch or walk them up to the building. **TO KEEP EVERYONE SAFE, PLEASE BE PATIENT AND WAIT YOUR TURN.**

Parents dropping off late arriving or picking up early departing students must come to the 53rd Street lot as all building exits are locked from the outside after the beginning of school. Please do not to park in the yellow curb areas but find an empty space in the lot. An adult must check early departing or late arriving students in or out at the office.

Finally, there is **No Parking on the Lutheran Home property.**

HY-VEE SMILES FOR EDUCATION: Hy-Vee is again offering our school the opportunity to win up to \$5000 with Smiles for Education. Each week for 8 weeks, Hy-Vee will hold a drawing to select 10 winning students who will each receive a free laptop computer - and each of their schools will receive a donation of \$5000 from Hy-Vee. Parents, teachers, and other school staff can join the Smiles for Education program by visiting their local Hy-Vee and registering their student's names for the drawing.

NEW 2010 ENTERTAINMENT AND DINING TOUR books are here! Save \$100s on restaurants and entertainment in the Quad Cities by using these valuable coupons. Cinemas coupons are back this year in the Entertainment Book—that alone is worth the price of the book! Entertainment Books are \$20, Dining Tour Books are \$35 & both can be purchased in the office or by calling Catherine at 388-7415. Tell your friends who purchase one every year to pick them up at Harrison!

FREE KITTENS - To a good home!
All males, please call, Nancy @ 391-8351



EVENTS AT-A-GLANCE...

TUES., OCT 13TH, 6 p.m.: 2nd Grade Cub Scouts, Wolf Pack, Meeting @ Harrison

TUES., OCT 20TH, 6-8 p.m.: Skating Party, Eldridge & End of 1st Quarter

WED., OCT 21ST, 1:20 p.m.: TWO hour early dismissal

THU, OCT 29TH, 6-7:30 P.M.: Harrison Girl Scouts Halloween Party, Harrison Cafeteria

FRI., OCT 30TH, 2:30 p.m.: Halloween Parade & Class Parties AND Popcorn Day (\$0.50)

THE HURRAH! FOR HARRISON is the newsletter put out by the PTA to keep everyone informed of what's happening at Harrison. We welcome input from **ANYONE!!** To submit items, provide suggestions or ask questions, e-mail them to Jodie Toohey at hurrah@jodiet.com, if you do not have internet access, items may be submitted via telephone at 563/386-3236. To learn more about PTA, contact Tifini Foglesong, PTA President, Myiatwins@aol.com, 388-7719.

HARRISON'S WEB-SITE: www.davenportschools.org/harrison



NEXT HURRAH: Tuesday, October 20th.

SUBMISSION DEADLINE: NOON, THURSDAY, October 15th.