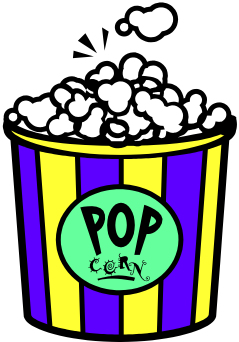


Hurrah! for Harrison



Issue 13 - NOVEMBER 17, 2009

POPCORN NEWS: In hopes of keeping things "popping", the net proceeds from the monthly popcorn sales will now be divided between teachers and staff, with different groups getting the proceeds each month. As October's sales were relatively small due to the Halloween parties on the same day, the September and October proceeds will be combined and go to Art, Gym, Music, Library, Nurse and Office. **November proceeds will go to Kindergarten, so c'mon Kindergarteners, POP TO IT!** (submitted by Sheila Kelly)



HARRISON BOOK FAIR AND WINTER WONDERLAND will be Monday, December 7th from 5:30-7:30 p.m.; **MARK YOUR CALENDARS.** There will be crafts, winter stories, cookies, cocoa and gift wrapping. You can also do some last minute holiday shopping at the book fair and with Harrison Spirit Wear. You can also help others stay warm this winter by bringing a new hat or pair of mittens. The Picture People will be on hand to take family/child photo for **FREE!** Look for flyers coming home soon. If you would like to volunteer please contact Sheila Kelly 370-5778 or Tifini Foglesong 388-7719. (submitted by Tifini Foglesong)

THE BOOK FAIR IS COMING! December 2nd, 3rd and 4th during school hours. Students and families will be able to purchase books during the day time hours or attend the night event on Monday (see above article)! We encourage all students to help make this a "grand" event by inviting their grandparents to attend! Keep watching the Hurrah! for more details!!! (submitted by Sheila Kelly)

CONGRATULATIONS to Mrs. Riewerts and The Harrison Harmony! They did a great job singing at the Mallards game on November 4th. (submitted by Tifini Foglesong)

BASKETBALL, WRESTLING, AND BOYS SWIMMING FANS: Now is the time to become a Cat Pack member. For \$10: receive a Cat Pack t-shirt, admission to all HOME athletic events (w/ paid adult), and one popcorn at events held in the North Gym. One of the best deals for \$10 around! Come support the North Wildcats and have a fun night out with family and friends! Home events for winter sports will begin at the end of November and early December. Ask in the office for a form or contact Jen Josund at 359-1312. Plenty of shirts still available! (submitted by Jen Josund)

SPIRIT WEAR DEADLINE EXTENDED: We have extended the deadline one week... order forms and checks are due Friday, November 20th. **Please note** this is the last supplier order of the year. To ensure you get the exact Adult or Youth sizes you'd like, please submit an order form by the due date. **Note:** We will accept order forms the remainder of the year, but will fill those orders with items/sizes in stock; additional sizes will not be ordered after this month. Contact Kristin Lizak (528-4664, lizakkristin@yahoo.com) or Julie Blozevich (386-3381, j.blozevich@mchsi.com) with questions or if you need to make special arrangements! (submitted by Krisin Lizak)

FUNDRAISER NEWS: There are still a few items that need to be picked up from the fundraiser. Please contact Sheila at 370-5778 to make arrangements. Thanks! (submitted by Sheila Kelly)

ATTENTION EVERYONE: The next PTA meeting will be December 14th at 6:00 in the Media Center (Library) at Harrison. We will be voting on spending approximately \$4,600.00 on new computers and adding memory to existing computers. These purchases are vital to our students as some of the older computers are crashing when certain programs that are part of our required curriculum are being used. The PTA Board would like to invite every member to come that night so you will be up to date on the plans for spending PTA funds and cast your vote to approve or deny this proposed action. Remember, all are welcome to attend, but you must be a PTA member to cast a vote. If you are not yet a member and would like to join, please contact PTA President Tifini Foglesong at 388-7719 or Myiatwins@aol.com. (submitted by Sheila Kelly)

YEARBOOK: The yearbook committee wants your pictures! If you have pictures of any Harrison events that you would like to submit to this years' yearbook, please e-mail digital copies to Sheila Kelly at sk_kelly@live.com. If your pictures are not digital, call Sheila at 370-5778. **THANKS!** (submitted by Sheila Kelly)

GIFT IDEA: Looking for that perfect Christmas gift? How about a Dining Tour Book (\$35) or an Entertainment Book (\$20)? This is the gift that gives all year long! Each book saves \$100's at local restaurants, shops, golf and even the cinemas! Books are available in the office or by calling Catherine at 388-7415. A portion from each book sold goes to Harrison School. (submitted by Catherin Borchert)

HEALTHY TIPS:

- ✓ **Eat plenty of fruits, vegetables, grains, and legumes**— foods high in complex carbohydrates, fiber, vitamins, minerals, low in fat, and free of cholesterol. Try to get fresh, local produce.
- ✓ **Drink more water.** Our bodies are about 75% water. It is a vital part of a healthy diet. Water helps flush our systems, especially the kidneys and bladder, of waste products and toxins. A majority of Americans go through life dehydrated.
- ✓ **Limit sugary foods, salt, and refined-grain products.** Sugar is added to a vast array of foods. In a year, just one daily 12-ounce can of soda (160 calories) can increase your weight by 16 pounds. (submitted by Mrs. Iossi)

OLWEUS BULLYING PREVENTION PROGRAM:

Suffering bullying can have numerous adverse effects:

- Lower self-esteem
- Depression & anxiety
- Absenteeism & lowered school achievement
- Thoughts of suicide
- Illness

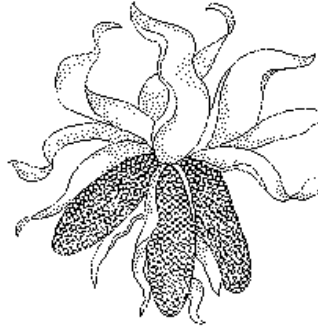
Health Consequences of Bullying (Fekkes et al., 2004)

	Bullied	Not Bullied
Headache	16%	6%
Sleep problems	42%	23%
Abdominal pain	17%	9%
Feeling tense	20%	9%
Anxiety	28%	10%
Feeling unhappy	23%	5%
Depression scale		
Moderate indication	49%	16%
Strong indication	16%	2%

(submitted by Mr. Green)

EVENTS AT-A-GLANCE...

Thanksgiving Word Search



F T U R K E Y W G M
 A V T S E V R A H S
 M P U M P K I N P F
 I N D I A N S A I L
 L R V R C S D Q E T
 Y O K G K K C R Q I
 K C O L O N Y C B S
 X N O I F A L L V Z
 S R C P J H I J P V
 N S U W F T S A E F

COLONY
 COOK
 CORN
 FALL
 FAMILY
 FEAST
 HARVEST
 INDIANS
 PIE
 PILGRIMS
 PUMPKIN
 SAIL
 THANKS
 TURKEY



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FRI, NOV 20th: Popcorn Day (\$0.50) & Backward Day. **ALSO:** 4th & 5th grade dance: 3:30-4:30 p.m.

TUES, NOV 24th: Skating Party at Eldridge Skatepark, 6-8 p.m.

WED, NOV 25th-FRI, NOV 27th: No School, Thanksgiving Break.

THU, NOV 26th:



WED, DEC 2ND-FRI, DEC 4TH: Book Fair during school hours.

MON, DEC 7TH: Book Fair, Silent Auction and Hot Cocoa: WINTER WONDERLAND, 5:30-7:30 p.m.

MON, DEC 14TH: PTA Meeting, 6 p.m., Media Center/Library

TUES, DEC 22ND: Popcorn (\$0.50) & Silly Hat Day; Dismissal at 1:20 p.m.

WED, DEC 23RD-FRI, JAN 1ST: No School, Winter Break.

MON, JAN 4TH: No School, In-Service.

TUES, JAN 5TH: Classes Resume.

THE HURRAH! FOR HARRISON is the newsletter put out by the PTA to keep everyone informed of what's happening at Harrison. We welcome input from **ANYONE!!** To submit items, provide suggestions or ask questions, e-mail them to Jodie Toohey at hurrah@jodiet.com; if you do not have internet access, items may be submitted via telephone at 563/386-3236. To learn more about PTA, contact Tifini Foglesong, PTA President, Myiatwins@aol.com, 388-7719.

PLEASE NOTE: Articles included in the Hurrah! may be edited for spelling, grammar and/or wording; the content of the articles is not intentionally altered. If you have any questions, please contact me. Thank you!
 (submitted by Jodie Toohey)

HARRISON'S WEB-SITE: www.davenportschools.org/harrison

PLAN AHEAD: The deadline for the December 1st edition of the Hurrah will be Friday November 20th at 5:00 p.m.

NEXT HURRAH: Tuesday, November 24th

SUBMISSION DEADLINE: NOON, THURSDAY, November 19th.