

FAMILY AND CONSUMER SCIENCES

Independent Living (051321) Students will develop skills in establishing credit; managing money; using banking services; acquiring and maintaining a motor vehicle; finding a place to live; and selecting food, clothing and furnishings on a budget. Emphasis is placed on students learning decision-making skills and choosing a career. OPEN TO 11TH AND 12TH GRADERS ONLY.

Independent Study (059911) This course is designed to allow the student to pursue an area of study not available in our standard offerings. Before registering for the course, the student must secure a faculty advisor who is convinced of the student's ability to carry out independent study and who is willing to supervise the student's program. A proposed plan of study must be submitted to the instructor before registration. That plan must be approved by the instructor, department chairperson, the student's counselor, and the principal. Independent Study does not meet as a regularly scheduled class. Conferences are arranged between teacher and student as needed.

Foods (050311) This course provides practical cooking experience for each student. The time is spent preparing a wide variety of foods. Learning activities will emphasize the basic skills of food cookery, principles of good nutrition, and rules of etiquette. The hands-on, project-based approach to learning in a foods lab is an excellent way to enhance math, science, and technical reading skills.

Advanced Foods (050321) Students build on the skills and techniques learned in Foods as they prepare more elaborate foods and meals. Menu planning, purchase and storage of food, time management, food technology, culinary-related careers, and the relationship between good eating habits and a healthy life-style are studied.

Foreign Foods (050331) Provides students with information about the geography, culture, and customs of various foreign countries and regions of the United States. Students will have the opportunity to prepare the foods of these areas while they expand their own multi-cultural awareness of the world.

Hospitality Management (294211) Exposes students to a broad background in lodging, food service, transportation, retail, and activities in travel and tourism. Frequent guest speakers and field trips will give students first-hand knowledge of a vast assortment of job opportunities in one of today's fastest growing industries.

Culinary/Hospitality ProStart I & II HCM 100 & HCM 212 (294221/294222/294223/294224) Students will be introduced to the fast growing industry of culinary (foods)/hospitality careers. The ProStart curriculum is developed by the National Restaurant Association. Skills related to the food (culinary) industry and other service occupations will be covered in the class setting. This is a 4-term class open to juniors and seniors. The class offers both classroom learning and work experience to succeed in these careers. Students will be assisted in finding a job where they will need to work 400 paid hours during the school year. Students desiring national certification must also register in Culinary/Hospitality ProStart Cooperative Work Experience when registering for this course. After completing the 4 terms of class and the hours of employment, students will get a national certification that will qualify them for articulation at a community college culinary arts programs and some 4-year programs. **These courses award college credit.**

Culinary/Hospitality ProStart Work Experience (294231/294232/294233/294234) Students do actual work experience and job training in a food service business or related field. The student must work a minimum of 400 hours of paid employment during the school year. Students will be assisted in finding a job. Students must be enrolled in the Culinary/Hospitality ProStart class. It is open to juniors and seniors. After completing the 4 terms of class and the hours of employment, students will get national certification that will qualify them for articulation at community college culinary arts programs and some 4-year programs.

Career Exploration Internship (089641) Students have an opportunity to learn first-hand about a career of interest by volunteering (unpaid) at a business or community work site. A written proposal will be jointly agreed upon between the student and the cooperative work experience teacher. This can also include working in a school setting if the student has a faculty member who will be their sponsor/supervisor. Students will perform a variety of tasks that expose them to many facets of their career choice. The internship will enable students to obtain valuable knowledge and skills to help them make informed decisions about their future. Students must have at least a 2.5 GPA, an excellent attendance/discipline record, and a recommendation from a teacher/counselor. Applications may be picked up from the student's counselor. (See page 10 for details.)

Career Emphasis Internship (089642) Students have an opportunity to work at one or more sites to gain in-depth knowledge and skills first-hand about one or more career fields. A written proposal will be jointly agreed upon between the student and the cooperative work experience teacher. Work experiences may consist of a variety of timeframes with possible periods of unemployment filled with volunteer service projects, self-directed studies, and school-related activities. Students may be paid for some of their work, but it depends on the situation(s). Placements will be dependent upon available sites and the student's skills. Students must have at least a 2.5 GPA, an excellent attendance/discipline record, and a recommendation from a teacher/ counselor. Recommendations for scholarship applications and opportunities for future employment based on contacts made during a successful internship experience are excellent. Applications may be picked up from the student's counselor. (See page 10 for details.)

FINE ARTS – MUSIC

Subject	Course Numbers	Units per course	Grade level offered				Prerequisites and related information
			9	10	11	12	
Fundamentals of Music (2-term course)	114111 /114112	1			X	X	None
Band (2-term course)	112101 /112102	1	X	X	X	X	Grade 7/8 Band Training
Orchestra (2-term course)	112401 /112402	1	X	X	X	X	Grade 7/8 Orchestra Training
Orchestra Winds (2-term course)	112451 /112452	1	X	X	X	X	Concurrent enrollment in Band
Freshman Chorus	113013/ 113014	1	X				At discretion of director
Singers	113031 113032		X	X	X	X	At discretion of director
Concert Chorale (2-term course)	113001/ 113002/	1	X	X	X	X	At discretion of director
Varsity Chorus (2-term course)	113025/ 113026	1	X	X	X	X	At discretion of director
Women’s Chorus (2-term course)	113051 /113052	1	X	X	X	X	At discretion of director
Show Choir (2-term course)	113101 /113102	1	X	X	X	X	Enrollment in one other choir
Chamber Singers	113141 /113142	1	X	X	X	X	Concert Chorale Membership

Fundamentals of Music (114111/114112) Offered for the student who has a serious interest in music. Included in the course will be an emphasis on basic theory, history, ear training, compositions and listening. The signature of the band, orchestra or vocal director is required. This course may require a materials fee.

INSTRUMENTAL MUSIC

Uniform: Students enrolled may be required to purchase performance apparel and/or pay a uniform rental fee. Students using a school owned instrument will be assessed an annual repair/maintenance fee.

Band (112101/112102) The approval of the band director is required in order to enroll in Band. Five periods a week plus one lesson period per week. Students are required to be in attendance at 6:50 a.m. during the marching season at West. Out of school rehearsal time required.

Orchestra (112401/112402) Orchestra instructor’s approval required. Five periods per week plus one lesson period per week.

Orchestra Winds (112451/112452) Two periods per week. Orchestra Winds can be scheduled the same period as physical education using one class period to accommodate both classes (two sessions of each per week.) Orchestra director’s approval required.

VOCAL MUSIC

Mixed Chorale and Mixed Chorale II are open to students without a tryout. If this kind of schedule is arranged, the student need not use separate periods for these classes. Ensembles are provided for students who are particularly interested in receiving individual attention in solo or small group experience. These courses are Show Choir and Chamber Choir. All students are encouraged to audition for the annual musical and variety show. Students enrolled may be required to purchase performance apparel and/or pay a uniform rental fee.

Limited opportunities exist for solo or small ensemble instruction. Weekly lessons will be offered on the basis of available instructional time. Signature of the vocal instructor is required. A copy of the selection criteria form is available from the instructor. No credit is granted for this instruction. Students receiving individual or ensemble instruction must be enrolled in a vocal music department course. Requirement for enrollment in any of the Vocal Music Classes: Attendance at performances of the group the student is enrolled in is required, unless waived by instructor.

Freshman Chorus (113013/113014) A 9th grade mixed choir

Singers (113031/113032) An entry level mixed choir.

Varsity Chorus (113041/113042) An intermediate mixed choir.

Women’s Chorus (113051/113052) An upper level women’s choir.

Chamber Singers (113141/113142) An upper level mixed choir.

Concert Chorale (113001/113002) An upper level mixed choir

Show Choir (113101/113102) A competitive vocal show choir.