

HEALTH EDUCATION & PE

HEALTH

(1) 140111 Health Education

(1) 235111 Sports Medicine I

(1) 235113 Sports Medicine II (sports medicine I)

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(1) __ 234111 Lifetime Fitness
(9th grade)

(1) ___ ___ ___ 230122 PE

(1) __ 230122R additional PE

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PE

(1) _ _ _ 230121 Extreme Fitness

(1) _ _ _ 231401 Strength Training (BFS)

(1) _ 231401i additional Strength Training

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PE

(1) _ _ _ **232312 Lifeguarding**
(swim test required)

(1) _ _ **231311 Outdoor Ed**
(11-12th, must have own transportation,
bicycle, helmet)